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my city, now.  
metro

FringeArts

### Eat your way through Feastival

Get your culture and your culinary fix Thursday, Sept. 12, at this year's Feastival, a food extravaganza benefiting FringeArts and its 16-day Fringe Festival, which kicks off today.

Dozens of Philly's top chefs will lay out a gourmet spread, while the drinks flow and Fringe artists perform.

Tickets are steep, at \$250 for regular admission and \$350 for VIP, but you can make it your mission to consume a few hundred dollars' worth of delicious treats — with restaurants like Morimoto, Zahav and Sbraga participating, that shouldn't be too hard. Full details are at [www.phillyfeastival.com](http://www.phillyfeastival.com).

# Indulge your sweet tooth

**Dessert.** It's finally time to stop fretting about your bikini bod and dig into these treats.

It's OK, Philly, no one's looking. Summer is over and you're free to stop sucking in your gut, counting calories and pretending that you just love juicing. Of course, we make attempts at moderation — but we just have to stuff our faces from time to time with some of the city's best desserts.

## The Art of Bread

This shop had Georges Perrier's name on it, so you already know to expect decadence. But Perrier has resigned his ties to the bakery and it's now in the loving hands of Amin Bitar (also of Bitar's at 10th and Federal), who continues to pamper every sweet tooth on the Main Line. It's worth the trip for the bread and pastries, but don't feel guilty about diving into one of the fresh tarts. **920 Montgomery Ave., Narbeth, 610-660-8222**

## Sugar Philly

Don't let Penn kids have all the fun: Get thyself to



Satisfy your sugar craving with a tart from Art of Bread in Narbeth. / ART OF BREAD



comes back. **38th and Walnut streets, [www.sugarphillytruck.com](http://www.sugarphillytruck.com)**

## Whipped Bakeshop

There's no shortage of gourmet cupcakes in our fair city. And while we love the ones at Whipped, it's actually their Philadelphia Butter Cake that has us stopping by the shop more times than we'd like to admit. These little butter bombs — dense and gooey with flakey, perfectly bronzed tops — are only made on Fridays and Saturdays, and are just coming back from their summer vacation to plump us up for the cold weather. **636 Belgrade St., 215-598-5449, [www.whippedbakeshop.com](http://www.whippedbakeshop.com)**

## Beau Monde

Bring your date to this creperie and soak up the romance. Whether the two of you are feeding pieces of the Nutella, banana and hazelnut ice cream crepe to each other — or forking the strawberry and lemon curd version — this will likely become your not-so-secret sweet spot. **624 S. Sixth St., 215-592-0656, [www.creprie-beaumonde.com](http://www.creprie-beaumonde.com)**

JULIA WEST

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Try this

## The lighter side

Liberte Lounge at the Sofitel (120 S. 17th St.) has new health-conscious lunch and dinner menus. Of course, our

eyes went right to dessert. There's a seasonal fruit sorbet at about 100 calories, or for just a few more go for the raspberry-mango sundae.

**FINANCING 4 EVERYONE!**

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